

2025

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April

#DoOneThingEveryDay

Civic Engagement Calendar

EQUALITY - ERA - NOW

@EqualityEraNow

EQUALITY
ERA NOW

SUN	MON	TUE	WED	THU	FRI	SAT
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<p>30 Find your reps: https://www.congress.gov/members/find-your-member</p>	<p>31</p>	<p>1 First Tuesday of the Month Webinar Join our community call at 9pm ET/8pm CT</p>	<p>2 Watchdog Wednesday Tell GOP Reps to demand accountability for Signal chat breach.</p>	<p>3 Togetherness Thursday Save + share our post about Protest Safety.</p>	<p>4 5Calls Friday Use the 5 Calls app & pick 1 issue to call your reps about!</p>	<p>5 Self-Care Saturday: Dedicate 10 min to a guided meditation or deep breathing exercise.</p>
<p>6 Spotlight Sunday Save + share our post on Immigrant rights in the U.S.</p>	<p>7 Monday Memo Like + share our post on the newly introduced ERA resolution.</p>	<p>8 Talk to Your Rep Tuesday Call your reps to demand they safeguard due process for all residents.</p>	<p>9 Watchdog Wednesday Tell GOP Senators to defend birthright citizenship.</p>	<p>10 Togetherness Thursday Support the ALA's "Show Up for Our Libraries" campaign.</p>	<p>11 5Calls Friday Use the 5 Calls app & pick 1 issue to call your reps about!</p>	<p>12 Self-Care Saturday: Write down 1 positive thing from your week + 1 personal goal for next week.</p>
<p>13 Spotlight Sunday Check out our post on Pauli Murray, legal trailblazer and ERA champion.</p>	<p>14 Monday Memo Like + share our post on the ERA's role in protecting LGBTQIA+ rights.</p>	<p>15 Talk to Your Rep Tuesday Call your reps to demand they oppose the SAVE Act and restore voting rights.</p>	<p>16 Watchdog Wednesday Tell GOP Reps to publicly condemn 1st Amendment violations.</p>	<p>17 Togetherness Thursday Share the Daily Action Calendar with 2 friends, help grow the movement.</p>	<p>18 5Calls Friday Use the 5 Calls app & pick 1 issue to call your reps about!</p>	<p>19 Self-Care Saturday: Take a walk outside for 15 minutes without your phone.</p>
<p>20 Spotlight Sunday Like + share our post on Dolores Huerta, fearless champion for workers' rights and equality</p>	<p>21 Monday Memo Like + share our post on how the ERA ensures equal opportunities in education for every student.</p>	<p>22 Talk to Your Rep Tuesday Call your reps to demand they protect reproductive freedom.</p>	<p>23 Watchdog Wednesday Tell GOP Senators to oppose budget cuts to essential services.</p>	<p>24 Togetherness Thursday Share a story or post from a local organization or activist group making an impact</p>	<p>25 5Calls Friday Use the 5 Calls app & pick 1 issue to call your reps about!</p>	<p>26 Self-Care Saturday: Call a friend or loved one for a non-political chat, just focus on support.</p>
<p>27 Spotlight Sunday Check out our post on grassroots efforts defending repro rights + equal healthcare access.</p>	<p>28 Monday Memo Like + share our post on how the ERA champions intersectional equality for all.</p>	<p>29 Talk to Your Rep Tuesday Call your reps to demand they stand up for free speech.</p>	<p>30 Watchdog Wednesday Tell GOP Reps to publicly denounce Trump's unconstitutional E.O.s</p>	<p>31 Togetherness Thursday Share a personal win from the month + ask 2 friends to share theirs.</p>	<p>1</p>	<p>2</p>

April Boycotts

- April 7 - 14: Walmart Boycott
- April 18: Economic Blackout #2
- April 21 - 28: General Mills Boycott
- Tesla Takedown: Saturdays at dealerships nationwide

Types of Actions

- Contacting Reps
- Social Posts
- Self-Care + Community

Clickable Links

- Link to Scripts + more info
- Peaceful Protest Info

Questions?

Email us at info@equalityeranow.org

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Be on the lookout for bonus action items too!