2026

CLICK HERE FOR TOOLKIT WITH FULL SCRIPTS + RESOURCES

Or go to tinyurl.com/equalitytoolkit

January

#DoOneThingEveryDay

Find your reps: https://www.congress.gov/members/find-your-member

Civic Engagement Calendar

EQUALITY-ERA-NOW

@EqualityEraNow

SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	31	1 **Togetherness Thursday** **Share** know-your-rights resources for immigrant communities	2 **5Calls Friday** **Use** the 5 Calls app & pick 1 issue to call your reps about!	3 **Community Care Saturday** **Reflect** on consumption habits & plan January differently
4 **Spotlight Sunday** **Spread** the daily action tools. Share the calendar, grow the movement.	5 **Mutual Aid Monday** **Donate** $5 (if you can) to a foodbank that serves your community	6 **Take Action Tuesday** **Watch/share** Jan 6th footage - ensure the truth is never forgotten	7 **Watchdog Wednesday** **Call** your State AG to file amicus brief to defend birthright citizenship	8 **Togetherness Thursday** **Cancel** 2 Amazon subscriptions & find direct-from-seller alternatives	9 **5Calls Friday** **Use** the 5 Calls app & pick 1 issue to call your reps about!	10 **Community Care Saturday** **Take** a "digital detox walk" - leave your phone at home for 30 minutes
11 **Spotlight Sunday** **Check** food insecurity stats in your area- share/discuss	12 **Mutual Aid Monday** **Join** a Buy Nothing group on Facebook	13 **Take Action Tuesday** **Call** Your Reps to Reverse the Illegal "Dept of War" Renaming	14 **Watchdog Wednesday** **Demand** investigation into Trump's extrajudicial killings	15 **Togetherness Thursday** **Amplify** trans voices. Follow 3 new trans activists/creators + share their posts	16 **5Calls Friday** **Use** the 5 Calls app & pick 1 issue to call your reps about!	17 **Community Care Saturday** **Read** something by an author from a community you're fighting for
18 **Spotlight Sunday** **Highlight** a local business + share the benefits of shopping local	19 **Mutual Aid Monday** **Clean** out your closet + donate clothing to your nearest shelter	20 **Take Action Tuesday** **Check** your voter registration status - primaries are coming!	21 **Watchdog Wednesday** **Defend** vaccine science! Submit CDC complaints	22 **Togetherness Thursday** **Find** + join your local 50501 or Indivisible group for community organizing	23 **5Calls Friday** **Use** the 5 Calls app & pick 1 issue to call your reps about!	24 **Community Care Saturday** **Practice** "activist mindfulness"- 10 min focusing on why your work matters
25 **Spotlight Sunday** **Share** statistics about immigrants' contributions to your community/state	26 **Mutual Aid Monday** **Donate** $5 (if you can) to a local bail fund or immigrant support organization	27 **Take Action Tuesday** **Support** your local library	28 **Watchdog Wednesday** **Monitor** & submit comments on EPA rollbacks	29 **Togetherness Thursday** **Write** a positive review online for 1 small business in your community	30 **5Calls Friday** **Use** the 5 Calls app & pick 1 issue to call your reps about!	31 **Community Care Saturday** **Call** or text a fellow activist just to check in on them

January Boycotts

Month-long boycotts!

Jan 1-31: No Amazon, Spotify, Home Depot

#FoxTakedown find out more here

Clickable Links

Click Me

Link to Scripts + more info

Questions?

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Be on the lookout for bonus action items too!